

Four Noble Truths

Nathaniel Needle

Gentle Rock Lullaby (Moderato)

The musical score is written in 4/4 time with a key signature of two flats (Bb and F). It consists of ten staves of music. The lyrics are: "I will sing you the Four Noble Truths. I will sing you the Four Noble Truths. You're fright-ened, child, you say, well you're Bud-dha a - ny - way. That's the core of the Four Noble Truths. Ev - 'ry bo - dy suf - fers just like you. Ev - 'ry - bo - dy suf - fers just like you. They suf - fer just like you. That's what sen - tient be - ings do. Ev - 'ry - bo - dy suf - fers just like you. You".

Chords: Bb, F7, Bb, Bb, F7, Bb, Eb, Bb, F7, Bb, F7, Bb, F7, Bb, F7, Bb, F7, Bb, F7, Bb.

Measure numbers: 5, 9, 13, 17, 21, 25, 29, 10.

Section: To Coda

Four Noble Truths

33 B \flat F7 B \flat

suf - fer ___ 'cause you grasp and you ___ crave. _____ You

37 B \flat F7

suf - fer ___ 'cause you grasp and you ___ crave. _____ You

41 B \flat E \flat B \flat

grasp ___ and you crave. To de - sire ___ you're a slave. You

45 F7 1. 2. B \flat 3. B \flat **D.C. al Coda**

suf - fer ___ 'cause you grasp and you ___ crave. _____ There's a shelf. _____

Coda
51 B \flat F7 B \flat

Truths. _____ That's the core of the ___ Four No - ble ___ Truths. _____

FOUR NOBLE TRUTHS

I will sing you the four noble truths (repeat)
 You're frightened, child, you say,
 Well you're Buddha anyway
 That's the core of the four noble truths.

Everybody suffers just like you (repeat)
 They suffer just like you
 That's what sentient beings do
 Everybody suffers just like you

You suffer 'cause you grasp and you crave (repeat)
 You grasp and you crave
 To desire you're a slave
 You suffer 'cause you grasp and you crave

There's a way out of suffering for good (repeat)
 Out of suffering for good
 Realize your Buddhahood
 There's a way out of suffering for good

The way is the eightfold path of peace (repeat)
 With the eightfold path of peace,
 May all beings be at ease
 The way is the eightfold path of peace

Don't believe it 'cause you read it off a shelf (repeat)
 You can't get it off a shelf,
 You must test it for yourself,
 Don't believe it 'cause you read it off a shelf

(repeat first verse)