Let Go

Words by Dogen (1200-1253)

Reggae beat - slow



LET GO (words by Zen Master Dogen)

- 1. To study Buddhism is to study the self, to study the self, to study the self To study Buddhism is to study the self Let go... (repeats 11 times)
- 2. To study the self is to forget the self (etc.)
- 3. To forget the self is to abandon body and mind (etc.)
- 4. To abandon body and mind is to be enlightened by all things (etc.)
- 5. To be enlightened by all things is [CLAP-CLAP-CLAP-CLAP] (etc.)