## Paramita Song



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\*rhythm can vary slightly to fit lyrics in subsequent verses

## THE PARAMITA SONG

## Chorus:

Why don't you try a little paramita There's nothin' sweeter than a little paramita I know ya wanna git to that other shore But don't think about it, just paddle your oar... Bodhi.....svaha!

Now the first paramita is Dana It means give it away even when you don't wanna Don't allow attachments to shrink your space Just spill your being all over the place That's Dana paramita for sure (CHORUS)

Now the second paramita is Sila In life's situations be a lover and a healer Tell the truth and be everyone's amigo Just as if you didn't have an ego That's Sila paramita for sure (CHORUS)

Now the fourth paramita is Virya
The exertion of a falling leaf can steer ya
Every breath, every step that's taken
Is an opportunity to awaken
That's Virya paramita for sure (CHORUS)

Now the fifth paramita is Dhyana
Face that wall and shout out "Hana!"
Stick with your practice, keep your concentration tauter
And let those thoughts flow through you like water
That's Dhyana paramita for sure (CHORUS)

Now the sixth paramita is Prajna
If you think you're wise, you're full of bologna
But when you experience "I DON'T KNOW",
Then natural wisdom is everywhere you go
That's Prajna paramita for sure (CHORUS)